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DIGITAL EDITION  
JUNE 2021

The Parish Magazine of Christ Church Derry Hill



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## Editorial

This month sees us approach mid-summer after what has been a very different Spring to the one which we experienced in 2020. The privations and restrictions imposed on the country during the first lockdown period for much of the Spring season last year were partly ameliorated as we enjoyed perfect Spring weather amid reduced activity levels and pollution, enabling us all to enjoy the flora and fauna of our local environment as we were unable to travel and, apart from supermarkets, there was nothing open to divert our attentions anyway.

Spring this year has seen a gentle relaxation of the many restrictions on our daily lives, with more anticipated as June unfolds, but the weather has not really been so kind to us this year. A dry, generally sunny but cold April with record low levels of rainfall has been followed by a very wet May. As this piece is being written during the final third of the month, an unseasonable gale and heavy rain affecting much of the country over the last couple of days are imposing their own restrictions on our lives.



We hope for better weather in the weeks to come as we begin to make the most of our restored freedoms. However, it is doubted that we will immediately return to the pre-pandemic 'normal' as many people for example may continue to wear face coverings, very much as those people who live in certain Asian countries have done for many years, and also perhaps try to avoid being in crowded places as we learn to live with the Covid-19 virus, its total defeat being unlikely. Having said that, the

vaccination programme has been undertaken superbly well over the year and gives us hope.

There is a plethora of ‘awareness’ days around, many relating to health matters and this month sees National Diabetes Week, National Cervical Screening Week and Men’s Health Week, all falling between 14-20 June.

To balance this out, National Chocolate Ice Cream Day falls on 7 June with National Doughnut Day taking place three days earlier – sadly, these are both United States Events, but we can join in! The latter of these was started in Chicago in 1938 by the Salvation Army who wished to raise funds to help ex-First World War veterans who had also suffered during the years of the Depression – a cause which might be worth a doughnut or two.



Historically, Pope Gregory XIII, who developed the Gregorian Calendar in 1582 and which we use to this day, was born on 7 June 1502.

As our great national sporting events begin to wake from a year’s worth of slumber, it is worth noting that the first University Boat Race was held on the Thames on 10 June 1829 – Oxford won – and the first ever cricket match was played at Lords on 22 June 1814 between the Marylebone Cricket Club and Hertfordshire.

The coronation of Queen Elizabeth took place on 2 June 1953, a day which was also cold and wet – let’s hope for something better this year.

**Assistant Editor**

## Churches opening for public worship.

After consultation with Church Wardens and with the support of PCCs I can advise that public worship can now take place in our church buildings. We are mindful that for some this will be good news whilst for others it will feel too soon. It is right that folk feel comfortable about when they return to services in the church building and so I must stress that there must be no sense of obligation. Zoom services will continue on-line every fortnight. Please contact [me](#) for details. *Linda*

### Christ Church service dates for June / July

<b>Rota of Services – June and July 2021</b>		
<b>Week</b>	<b>Date</b>	<b>Service</b>
1	6 <sup>th</sup> June Trinity 1	Foxham 10am Parish Eucharist Bremhill 6pm Evening Prayer
2	13 <sup>th</sup> June Trinity 2	Derry Hill 10am Parish Eucharist Zoom service at 6pm
3	20 <sup>th</sup> June Trinity 3	Bremhill 10am Parish Eucharist Foxham 6pm Evening Prayer
4	27 <sup>th</sup> June Trinity 4	Derry Hill 10am Parish Eucharist Zoom Service at 6pm
1	4 <sup>th</sup> July Trinity 5	Foxham 10am Parish Eucharist Bremhill 6pm Evening Prayer
2	11 <sup>th</sup> July Trinity 6	Derry Hill 10am Parish Eucharist Zoom service at 6pm
3	18 <sup>th</sup> July Trinity 7	Bremhill 10am Parish Eucharist Foxham 6pm Evening Prayer
4	25 <sup>th</sup> July Trinity 8	Derry Hill 10am Parish Eucharist Zoom Service at 6pm

**COVID restrictions in terms of hand sanitiser, face coverings and social distancing will apply, and congregational singing will not be permitted. Booking a place in advance is also necessary.**

Contact [lindac@mardenvale.org.uk](mailto:lindac@mardenvale.org.uk)

## **Worship FAQs**

Churches in the Marden Vale Team are opening for public worship from Sunday 18th April. (For the time being, we will also be offering a Zoom service at 6pm on some Sunday evenings.) Please check service details and information on our website [www.mardenvale.org.uk](http://www.mardenvale.org.uk) Facebook page <https://www.facebook.com/christchurchdh> and Noticeboards.

Please note that where a Sunday service has taken place in church, that church building will be closed for **72 hours** after the service to minimise the amount of cleaning required.

Our main priorities are the health and safety of our community, so things will not be quite the same as usual, but we recognise the importance, for many, of meeting together in worship so have put together this brief explanation of what to expect.

### **Q. How is the church managing social distancing?**

A. We have assessed the seating capacity and space available and worked out the best way to seat everyone to maintain **2 metre distancing**. There will be markings on the floor inside church. A Churchwarden will be on hand to welcome you and show you where to sit. At the end of the service, please remain in your seat until you are asked to make your way to the exit.

### **Q. Do I have to book in advance?**

A. It will help us to know if you intend to come to a service so that we can maintain safe social distancing. We ask that you telephone **01249 817926** or

email [lindac@mardenvale.org.uk](mailto:lindac@mardenvale.org.uk) before **8pm on Saturday** evening to check availability.

### **Q. Will services be at the normal time?**

A. Morning services will be at **10am**. Evensong (when available) will be at **6pm**.

### **Q. Can I sit with my family or a friend?**

A. People from the same household or “bubble” can sit together. Everyone else will need to observe appropriate social distancing at all times.

**Q. Will there be communion?**

A. Services will vary but where communion is offered this will be wafers only. Distribution will be carefully controlled to minimise transmission risks according to government and church guidelines.

**Q. Will the hymn books be sanitised?**

A. Sadly, hymn singing is not allowed at the moment, so all hymn books and bibles will be removed. There will, however, be music to listen to.

**Q. I usually give cash in the plate when I come to church. I believe this is not advised. What can I do to support the work of the church?**

A. We would prefer not to have to expose our volunteers to handling cash, but we desperately do need your support. Please take a moment to look at the [Giving](#) page on the Marden Vale Website.

If you prefer to leave cash, please do use the collection plate by the main door.

**Q. Do I need to provide contact details?**

A. In order to support the NHS Test and Trace programme, we are taking contact details (name and telephone number) for all visitors, or you may use the QR Codes on display.

In line with guidance issued by the Department for Health and Social Care, we will keep your details safely and in compliance with GDPR legislation for 21 days before securely disposing of or deleting them. We will only share your details with NHS Test and Trace, if asked, in the event that it is needed to help stop the spread of coronavirus. We will not use your details for any other purposes or pass them on to anyone else.

**Q. Will I be able to talk to my friends after the service?**

A. To minimise risk, services will be shorter than normal, and the church will be closed promptly. Catching up with friends is better done outdoors. We ask that you do not obstruct the aisles or exits to allow everyone to leave safely.

**It is obviously vital to obey social distancing guidelines at all times.**

**Q. Will it be safe to come?**

A. We have carefully assessed the risks of bringing us together and have put in place measures to control and minimise the risk of transmission of the virus. However, it is not possible to eliminate risks completely – everyone attending must evaluate their own circumstances and act accordingly. We all have a responsibility to act responsibly to ensure the safety of everyone else.

Please do:

- use the hand sanitizer provided when you arrive and when you leave.
- comply with social distancing rules – keep 2 metres apart whenever possible.
- cover your nose and mouth if you sneeze or cough – take your tissues home and dispose of them there.

**Q. Should I wear a face covering in a church building?**

A. Face coverings **must** be worn by all those attending a place of worship unless you have an exemption.

**If you do not feel it is safe or if you feel unwell** – please do stay at home and enjoy the online services from the Marden Vale Team or join the Zoom services.

**Church Contacts CHRIST CHURCH - DERRY HILL**

**Vicar:** Reverend Linda Carter  
(Day off Monday. The Vicarage,  
Church Road, Derry Hill. 01249 817926  
Urgent calls only that day Calne. SN11 9NN  
please) lindac@mardenvale.org.uk

**Lay Pastoral Assistants (LPAs)**

**Please call if you would like a visit or chat - all in strictest confidence**

Mrs Averil Davis 01249 814411 Mrs Anita Uttley 01380 859433

**Church Wardens**

Mrs Deidre Lias 01249 822157 Mr Peter Rigby 01225 704356

**PCC Treasurer (Tr) & Secretary (Sec)**

Mr Peter Roycroft (Tr) 01249 660550 Mrs Jennie Leddra (Sec) 01249 660550

*If you wish to discuss arrangements for Baptisms, Marriages, Funerals or would like a pastoral visit or meeting arranged then please contact Reverend Linda Carter*

**Linda**

Dear Friends,



Another month, another significant date: 21<sup>st</sup> June, which happens to be the summer solstice but also Step 4 on the Government roadmap. For some, the hope is that all the restrictions and limitations of the past fifteen months will be lifted, whilst others are hoping for a much more cautious approach. It has been a gruelling year and as we emerge into the sunlight my hope is that we go gently. In the parishes of Derry Hill, Bremhill and Foxham we had made varying degrees of progress on plans for the future, discerning God's mission and how to serve the community. As we return to these discussions it would be tempting to rush headlong into a frenzy of activity. Yet my feeling is that we need to take care to recover, to draw strength from our saving God, to listen to what God is saying to us in this present time about what to take up and what to lay down.

Some years ago, Bishop Ken Untener of Saginaw wrote a meditation for a celebration of departed priests. I believe there is much wisdom in his words for us all, especially now.

“A Future not our Own

It helps, now and then, to step back and take a long view.

The kingdom is not only beyond our efforts, it is even beyond our vision.

We accomplish in our lifetime only a tiny fraction of the magnificent

enterprise

that is God's work.

Nothing we do is complete, which is a way of saying that the Kingdom always lies beyond us.

No statement says all that could be said.

No prayer fully expresses our faith.

No confession brings perfection.

No pastoral visit brings wholeness.

No program accomplishes the Church's mission.

No set of goals and objectives includes everything.

This is what we are about:

We plant the seeds that one day will grow.

We water seeds already planted, knowing that they hold future promise.

We lay foundations that will need further development.

We provide yeast that produces far beyond our capabilities.

We cannot do everything, and there is a sense of liberation in realizing that.

This enables us to do something, and to do it very well.

It may be incomplete, but it is a beginning, a step along the way, an opportunity for the Lord's grace to enter and do the rest.

We may never see the end results, but that is the difference between the master builder and the worker.

We are workers, not master builders; ministers, not messiahs.

We are prophets of a future not our own."

The prophet Isaiah tells us "...those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint." Is.40:31

My prayer is that we walk (not run yet!) together in Christ and discover the 'something' we are called to do and do it very well. May we be kind to ourselves and each other and let our strength be renewed.



**Linda**

## Road Closure Church Road Derry Hill

Yes - the order does say closure!

The closure order is Church Road, Calne Without; from its junction with A342 to its junction with Studley Lane. **From 28<sup>th</sup> June to 9<sup>th</sup> July** approximately. [Full details here](#)

A map of the road affected can be found [here](#)



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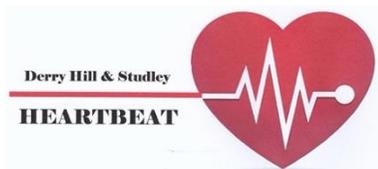
Steve Calder has recently posted these two images of newspaper adverts for the Derry Hill estate back in about 1969. He wonders if anybody has any photographs of the houses when they were new or indeed when they were being built.

It's interesting to note that the original name was Lansdowne Park and one wonders whether the original name for Studley Gardens, Bowood Gate, will also survive.

**Ed**

## How Is Sir Bradley Wiggins Different to You and Me?

The final leg of Bradley Wiggins's Tour de France victory, through the streets of Paris, seemed a gentle end to a gruelling 2,172 miles race.



Being able to ride that distance in 3 weeks, including punishing mountain climbs at altitudes that would leave most people gasping for air, is beyond the reach of all but the most highly trained endurance athletes. The two main physiological differences between an elite endurance athlete like Wiggins and the average person are a bigger heart - which allows more oxygen-rich blood to be pumped to the muscles - and the muscles' capability to use that oxygen, said Loughborough University's Dr Keith Tolfrey.

Both heart size and oxygen utilisation by muscles can be improved with training.

The heart is made up of four chambers. The two lower chambers are called ventricles and are the pumps of the heart. The left ventricle pushes blood out from the heart to the rest of the body. Dr Tolfrey said endurance athletes like Wiggins are likely to have huge left ventricles. He said supplying blood to the muscles during exercise was like trying to fill a bath with containers of water.

Most people are trying to fill that bath up with a container the size of a thimble, whereas for highly trained athletes like Wiggins, who have bigger hearts, it is like using a bucket!

"It's just that most of us mere mortals can't improve it to the extent that Bradley Wiggins has."

A person's endurance potential can be measured by taking a VO2 max reading, which shows how much oxygen is used per minute for every kilogram of body weight.

A typical male who does not do much training would be likely to have a VO2 max between 35 and 45.

Dr Tolfrey said Wiggins was likely to have a value above 70, possibly even as high as 80, which is a "huge difference", which helps explain why he won all those gold medals and championships. Not only are elite athletes able to use more oxygen, they can also do it for much longer periods of time.

If you can help us maintain the 5 defibrillators in the village either by volunteering or by making a small financial contribution that would be great as we haven't been able to fundraise while COVID-19 restrictions have been in place. Please make it payable to:

**Account: Derry Hill & Studley Heartbeat**

**Sort Code: 30-91-99**

**Acct. No: 52349360**

If you don't like internet banking just drop me an email, or call, and I can send you a form you can give to your bank.

Keep safe.

**Julian** (Chair) 01249 814145 / [julesoliver3@gmail.com](mailto:julesoliver3@gmail.com)

## The Night Sky in June

This month sees the Summer Solstice on 21 June when the Sun reaches its most northerly point in our skies at 04.32h, giving us the longest period of daylight and the shortest period of darkness. What this means of course is that at this time of the year our night skies never get totally dark making observations of the night sky very difficult. This does however give us the opportunity to witness the phenomenon of noctilucent (from the Latin for



'night shining') clouds in the northern sky after sunset. Glowing a ghostly blue-white towards the North, the clouds are located some eighty kilometres above the Earth's surface where they are reflecting the light of the sun which only reaches eighteen degrees below the horizon at midsummer. They are visible for only a few weeks either side of the Summer Solstice.

10 June sees the first eclipse of the Sun visible to us for six years – but it is only partial in the UK with up to 35% of the Sun's disc being obscured by the Moon at around 11.52h. As always this should never be viewed with the naked eye! The Moon itself will be full on 24 June and this is known as 'the Strawberry Moon'.

Despite the light skies, there will still be some interesting planetary observations during the month, starting with a sighting of Mars at 22.00h on 2 June, low in the western sky. Mars is still relatively faint but will be located just to the left and lower than the twin stars of Castor and Pollux, the former being slightly brighter than the red planet.

If weather conditions make this difficult, another opportunity to view these three occurs on 12 June, again around 22.15h when low in the north-western sky the slim crescent moon will be immediately below Castor and Pollux with Mars being just to the left of Pollux. On the following evening the Moon will lie between Mars and Pollux. As an added bonus, on both evenings the brilliant Venus will be located low to the horizon below this grouping. Venus will be visible very low in the sky just after sunset, especially towards month end. The same sort of grouping, minus the Moon, will be visible in the same direction at 22.15h on 22 June. On the following evening, the grouping will be broadly similar, but Mars will be immediately in front of the fuzzy Praesepe cluster of stars.

	<b>Sunrise</b>	<b>Sunset</b>
1 June	04.56	21.15
15 June	04.50	21.26
30 June	04.55	21.28

**Richard Carter**

**DERRY HILL AND  
STUDLEY MATTERS**

**inSPIRE**

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**Ed**

## Derry Hill Village Stores



Rahn and Imy have been in touch to let us know what is happening. Firstly, they wanted to say a big 'thank you' to Lord Lansdowne, Margaret Bell, Lyn and Mike Jarvis and of course Simon and Sonia Strange for the hard work that has been done to allow them to take over the management of the shop.

Rahn and Imy (father and son) are really looking forward to serving the community in all sorts of ways including the provision of a Spar shop and they hope eventually a Post Office. The latter should come about if there is enough footfall in the shop to justify it to the Post Office authorities.

The shop will be providing the provisions you would normally expect including chilled and frozen goods, seasonal items, newspapers, magazines, greeting cards, soft and alcoholic drinks. They are happy to hear what folk want and try and get those items in.

Depending on demand, they are hoping to open 7am to 8pm seven days a week.

If you have been past the shop recently you will have noticed all sorts of works going on. Obviously, it is difficult at this stage to say when exactly the shop will re-open but it is hoped that if everything goes well the end of June is possible.

**Ed**

## Greensleeves Care and Dementia

Following Dementia Action Week, (17<sup>th</sup> to 23<sup>rd</sup> May), local care home provider Greensleeves Care, who manages Kingston House in Calne, is raising awareness and offering top tips for family carers who are looking after loved ones with dementia.

Though our ageing population means dementia is common- affecting one in fourteen people over the age of sixty-five, and one in six people over eighty- for many people, understanding and coping with a family member's diagnosis is uncharted territory. It can be a very emotional time for families of people living with dementia, as they witness the condition progress, and have to adapt to the changes that can come with that.



Steve Mason, an Admiral Nurse from Kingston House, said; “For many people living with dementia, and their families, it is important that they can stay within their own home for as long as possible. However, this decision must consider a significant number of changes within the home environment. Prioritising a loved one’s safety, considering new challenges they might face due to dementia, is vital to ensuring they can stay in their own home for longer.”

To coincide with Dementia Action Week, Greensleeves Care has launched a new online advice centre where family carers can access top tips and guidance to support their loved ones.

The online advice centre - <https://www.greensleeves.org.uk/advice-centre/> gives top tips about how to keep someone with dementia safe in their own homes as well as advice on how to spot if someone has dementia and steps to ensure dementia sufferers do not suffer from loneliness or isolation. You can find a wide range of articles within the Advice Centre, but below are some top tips for several key areas of dementia care.

### **Seeking diagnosis**

Many people struggle to know when it is the right time to seek a dementia diagnosis, whether that be for a loved one, or for themselves. Many symptoms that people believe to be signs of dementia, such as memory loss, disorientation, or communication and language issues, can actually be caused by other illnesses, or even just ageing in general. It is always best to seek guidance from a GP if you have concerns about yourself or a loved one.

### **Home improvements**

Dementia impacts on people's bodies in many different ways, one of the impacts is on their eyesight and how the brain processes visual information. This can lead to confusion within the home and can increase the risk of falls and accidents. There are several small but impactful changes that can increase the safety of a person living with dementia in their own home – including ensuring that carpets and floors are dementia-friendly is also vital. For example, dark coloured door mats can look like holes in the ground, and patterned carpets can look as though the ground is covered with objects.

### **Communication**

People living with dementia do not always communicate in the exact same way they used to but that does not mean they do not communicate at all. Everybody is different but if you keep some of the following in mind when communicating with someone living with dementia you should both have a positive and enjoyable experience.

Making sure you speak clearly and slowly can make a huge difference with helping someone living with dementia to understand and communicate with you. In addition, keeping your body language friendly and unthreatening will make the communication experience more comfortable for your loved one.

Catherine Beswick, home manager at Kingston House, said; “One thing to remember is that no two people will experience dementia in the same way. As someone progresses in their dementia journey, different advice will become more, or less, relevant depending on how the dementia affects them as an individual. However, taking basic safety precautions will always be beneficial to ensuring your loved one can stay independent for longer.”

For more information about dementia and to speak to Kingston House’s dedicated Admiral Nurse (dementia specialist) Steve Mason contact email [care@greensleeves.org.uk](mailto:care@greensleeves.org.uk)

***Ella Cunningham***

Communications and Engagement Officer

**Greensleeves Care**

**WILTSHIRE NEEDS YOU TO PLAY YOUR PART**  
Help control the spread of COVID-19

Follow national restrictions

Keep washing hands regularly

Wear face coverings in enclosed spaces

Stay at least 2 metres apart

Self-isolate when instructed

Keep a constant flow of fresh air

#WiltshireTogether

Wiltshire Council

## G'day all!

For those of you who don't know me my name is Lucy Ayles, born and bred in Derry Hill. I went out to Australia for the first time 10 years ago and I'm still here!

I have been working as a full-time volunteer for a Christian mission organisation called [Youth With a Mission \(YWAM\)](#). We have branches all over the world and I am based in North Queensland in a small city called Townsville. We are close to our nearest international neighbours Papua New Guinea (PNG).

Over 84% of Papua New Guinea's population lives in rural areas. The isolation and lack of infrastructure makes delivering healthcare and training very challenging. YWAM has a [medical ship](#) that delivers free health and training services to people who live in extreme poverty.

We are currently working alongside the PNG government, local community healthcare workers and other aid organisations to see how we can help with the country's Covid-19 response. We are planning for a remote outreach to Western Province in the next few months.



## What do I do?

Those of you who know me, would know that I do not have any kind of medical qualifications. Once I had finished my studies in the UK I knew that I wanted to make a difference with my life. When I came out to Australia and joined YWAM I was amazed at how many opportunities there are for people from all walks of life, skills, young and old etc in

international mission. There's a lot of need and too few workers. I enjoy teaching, leading teams, empowering young people and streamlining processes - anything that makes us more effective so we can help more people!

There is an incredible need for people in missions with a whole range of skills. I would encourage you to think of how you can get involved with whatever is happening around you - whether it's in your local community or beyond. There has never been a greater need to connect with each other and to reach out to those who are in need.



Shipping a PPE donation

### **How can I get more information?**

If you're keen to chat more with me you can email me at [lcmaylen@gmail.com](mailto:lcmaylen@gmail.com)

If you are interested in short term opportunities with YWAM Medical Ships, Australia's borders are closed at the moment but you can still register your interest at [ywamships.org](http://ywamships.org)

**Lucy**

## Derry Hill and Studley Community Support

Has been operating since the beginning of lockdown and is continuing to help those who find it difficult to go out.

We offer a range of help from shopping, picking up prescriptions, dog walking or just a friendly confidential chat.

Please get in touch if we can help.

**Email** the dedicated email account: **dhsfriend@gmail.com**

**Ring** one of our coordinators:

Carol Rigby 01225 704356

Ian Liddle 01249 816229

Richard Gribble 01249 812018

Richard Aylen 01249 814632

***Carol, Ian, Richard A and Richard G***

**Derry Hill and Studley Community Support**

## Gardening Steve

Hi! I hope you are having a lovely time your time in the garden.

By now your roses should be beginning to flower. Keep spraying them every two weeks for blackspot and aphids. The best time to spray is early morning and late evening preferably on a cloudy and still day. Continue to tie in clematis as the stems are fragile and will break if they are laden with flowers or if it is windy. You can now plant out any bedding plants in the borders and you can bring any fuchsias or geraniums out of the greenhouse and place them around the garden.

You can now cut your box hedges; this only needs to be done once a year.

Top tips for this month are:

Pinch out the sides shoots in your tomatoes and hoe your borders regularly to keep weeds at bay. Prune spring flowering shrubs.

Enjoy a spell in the garden, just take time to admire your work!

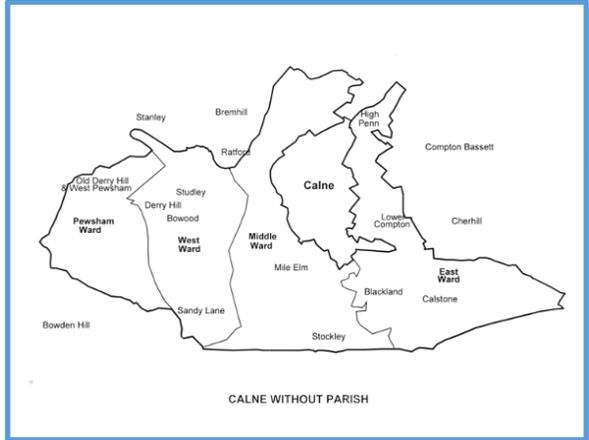


***Stephen Starr*** Bowood gardener.

## Calne Without Parish Council Meeting 17<sup>th</sup> May

The meeting felt very different from previous meetings - socially distanced in the big hall with lots of familiar faces missing and only 7 councillors, 3 of which are newly elected.

Ed Jones presided for the election of a chair. As one of only 4 councillors with previous experience, I was prevailed upon to be the Chairman. Rob Hislop, who is by far the longest serving councillor was nominated as Vice Chairman but he declined because of workload. Keith Robbins was then prevailed upon to be the Vice Chairman. The membership of committees, working groups and other roles were also decided.



Sue Deedigan a resident of Old Derry Hill, used the opportunity for public questions to tell the council about the benefits of “rewilding” local road verges by removing the grass cuttings after mowing to allow wildflowers to flourish. The council was very interested in approaching Wiltshire Council and working with them to identify verges and other open spaces that could be rewilded without affecting safety.

The Clerk updated the council on the previous council’s decision to award the Honorary Freedom of the Parish to three long serving councillors, Lord Lansdowne, Brian Vines and Nigel Cole who had all been councillors for over forty years. Scrolls awarding the Freemanship will be presented to the former councillors at a special meeting to be arranged.

Perhaps the most important item was to agree the advertising of the opportunities to be co-opted as a councillor. Six councillors had been elected unopposed and John Barnes was elected in the first contested election in the Pewsham Ward for over 35 years. There remain 8 vacancies for councillors in the other 4 Wards - 3 in Middle Ward, 2 each

in both East and West Wards and the only councillor seat in the tiny Sandy Lane Ward.

The vacancies will be advertised in the Gazette and Herald, Inspire and Villages magazines with an application form that can be downloaded from the [parish council website](#). The closing date will be **noon on the 20th June** with a special council meeting in early July for councillors to select the 8 new councillors. Councillors want to encourage anyone who feels passionately about their community to apply to be co-opted as a councillor. I reminded the meeting that applicants are not restricted to applying to be a councillor for the ward they live in and could represent wards other than their own. There is actually a growing trend for parishes to completely abandon the ward system to become “unwarded” where all councillors are elected by the whole parish to represent the whole parish.

***These are my personal notes of the meeting and not necessarily those of the council.***

***Ioan Rees*** Parish Councillor. [ioan.rees@calnewwithout-pc.gov.uk](mailto:ioan.rees@calnewwithout-pc.gov.uk)  
01249 819428

### **Note from the editor!**

Many thanks to Ioan Rees for the above resumé of the Parish Council meeting.

It is not ideal to ask him or any other councillor to report the parish meeting on which they sit, they do enough as it is by serving us as councillors. I’m just wondering if there is anyone in our readership would like to pop along to the Lansdowne Village Hall on the second Monday in the month and give us an update on what is going on. Please [contact me](#) if you are willing to give it a go.

Don’t forget you can access the [minutes of the Parish council](#) meetings on the website, once they have been approved at the following meeting.

***Richard Ayles*** ([inspireeditor@outlook.com](mailto:inspireeditor@outlook.com))

# **MAKE A CHANGE - BECOME A PARISH COUNCILLOR**

**IF YOU LIVE OR WORK IN CALNE  
WITHOUT PARISH, CARE ABOUT  
OUR AREA AND ARE  
PASSIONATE ABOUT YOUR  
COMMUNITY, WE NEED YOU**

Calne Without Parish Council has vacancies that will be filled by co-option.

The closing date for applications is 12noon 20th June 2021 and applicants must be available to attend a Parish Council meeting in late June /early July.

Find out more about this opportunity by visiting [Parish Council website](#)

# THE LANSDOWNE ARMS

We would like to say a huge Thank-you to everyone who has come in to support us since our re-opening. It has been wonderful to see so many friendly faces.

## **We are open:**

Monday-Thursday 12.00pm-3.00pm/5.30pm-10.00pm

Friday & Saturday 9.00am – 10.00pm

(don't miss out on our breakfast 9.00am-11.00am)

Sunday 12.00pm-5.00pm

We now have a covered area with lighting and heating available to book in our garden and we have now reopened the inside of our pub.

For more details on what we are up to at The Lansdowne visit our social media pages.

T. 01249 812422 W. [www.lansdownearm.co.uk](http://www.lansdownearm.co.uk)

## W.I. Walking Netball

May has been a disappointing month, with the heavy rainfall we have had to cancel several of our sessions.

We have welcomed some new members and have started having game play, giving players the opportunity to try different positions.

We would like to welcome more members, so if you would like to join us and refresh your skills, we hear “well I haven’t played since I was at school” but there have not been very many changes, so why not come along and try it?

**Mondays and Fridays 1:45pm to 2:45pm at the Village Hall court.**

***Barbara & Tina.*** (You can contact Barbara on 814206)



## Rub a Dub.

The children have been enjoying a wide variety of fun activities over the last term, they have played in a dinosaur swamp, become mini scientists and created some fantastic spin art. No two days are the same for our Rub a Dubbers.



As ever they have been spending lots of time in the garden and doing lots of gardening, have you seen our Rub a Dub planted wheelbarrow? The children are enjoying planting and watching everything grow.

A big thank you to anyone in the village who supported our recent textile recycling fundraiser, we really do appreciate all help and support offered. As times start to return to normal, we look forward to being able to return to some of our traditional fundraising activities, look out for the return of our cake bake sale.

***Kate Checchia*** Rub a Dub Chair



## Forrester Sylvester Mackett

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The highlight of our most recent meeting was a floral demonstration by our local florist Claire Satchel.

This was on Zoom, and with the help of her family, was achieved very professionally from her studio. The flowers she demonstrated were for a wedding and were very pretty. Well done, Claire!



The competition we had was won by Paula Wheatcroft with the delightful picture of a baby lamb, very typical of “Spring in our countryside”.

During May we also had another afternoon tea when a maximum of six members met in several gardens to enjoy tea, cakes and a chat.

Robyn Summers has sent us a photograph of a nest in her garden where a Pheasant has laid seventeen eggs. How amazing!

Our meeting on Wednesday 26<sup>th</sup> will again be on Zoom, and will be “Looking Good and Fabulous” with Lindsay West



Plans are made for another walk that will follow the footpath from the Bowood white gate along to the lake, calling in at the Tree House for a drink on the way back.

In June we hope after the next ‘unlock’ on the road map, we will be able to accept the invitation to all meet in Robyn and Michael Summer’s Garden for a garden party. During that afternoon we will reveal the “who and what” our members have sent in about themselves that we didn’t know about.

Don’t forget that new members are always welcome.

For any other information please contact our secretary Sally Hole on 01249 817945 or [sallyhole@hotmail.co.uk](mailto:sallyhole@hotmail.co.uk)

***Barbara Barnard***

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## The Lansdowne Hall and Multi pitch



Plans are in hand to re-open the Lansdowne Hall from the 21st June for the resumption of all the activities that the Hall has previously catered for and also to welcome at least two new groups. The Management Committee is aware that many of our regular groups have confirmed that they are returning after closure but unfortunately a few groups have indicated that they will not be returning. It would be helpful if those who have not yet confirmed their future intentions can let the Administrator know as soon as possible please. Such prompt action will help make the programming of the events diary easier.

It is now well over a year since the Covid 19 outbreak enforced various restrictions on the Hall's activities besides periods of complete shutdown apart from educational needs. These shutdowns have had a disastrous effect on the Hall's finances with the 2020 accounts recording a deficit of £17,000. This has been a worrying situation for the Hall's Management Committee but with recently received Government Grants the position should improve for our 2021 accounting period. It is therefore with optimism that we re-open on 21st June in anticipation of the loyal support of regular users returning in force together with local residents also adding their support by hiring the Hall for family celebrations and other social events.

It will have been noticed that the Multi Pitch had been closed throughout lockdown apart from the occasions when the Government sanctioned the playing of Netball. As restrictions on outdoor recreational activities are

lifted the Management Committee is turning its attention towards greater membership use of the Multi Pitch than hitherto. Over the last year or so, at considerable cost, a maintenance programme has been carried out along with repairing damage caused by vandalism. This was essential work and the fear of seeing this work being undone by further vandalism (which has already occurred) or mis-use by casual users means that only family membership or adult organised team events will be allowed to use the Multi Pitch. Ideas for future events on the pitch will be welcomed by the Committee but they will need adult supervision and there will be an hourly cost. For example, an organised 5 a side football league or competition is a possibility, but this needs to be given full support to cover the cost of remarking the pitch and the purchase of goal posts. The Management Committee has neither the capacity nor time to organise such possibilities so a volunteer/s is/are required to take these ideas and any others forward to enable better use of the Multi Pitch.

The Management Committee is determined to recover from the detrimental effects of Covid 19 and make every effort to preserve the Hall's future for the local Community's use and enjoyment. With only a small Committee this may well be an uphill task and any additional help would be of great assistance. Therefore, if there is anyone who would like to join us to the help manage the Hall or take on the Multi Pitch role suggested above please contact Alan Rosekilly ([rosekilly@aol.com](mailto:rosekilly@aol.com)) who will be happy to provide more information.

For making a booking to hire the Hall please refer to our [web site](#) or contract our Administrator (07860 940323 or [administatocr@lansdownehall.org](mailto:administatocr@lansdownehall.org)) who will be pleased to hear from you.

We hope readers will be able to help us recover from these difficult times and return the Hall to its former place as a much sought after venue for a wide range of activities.

***Alan Rosekilly***

Secretary to the Lansdowne Hall Management Committee

## Seeking ‘Use Cases’ of businesses taking action on sustainably and limiting their impact on the environment.

Wiltshire Climate Alliance (WCA) is a network of groups and individuals, collaborating for action on climate change and the devastation caused by environmental damage. The Alliance was formed in 2020, following the first anniversary of Wiltshire Council acknowledging a climate emergency, committing to make Wiltshire carbon neutral by 2030.



To ensure that we make this happen, we passionately wish to assist the community on their journey to a more sustainable future. We strongly believe that we can all play a pivotal part, and the many businesses based in Wiltshire are without exception.

We are aware that some businesses in Wiltshire, have already been strategically proactive for many years, to reduce their carbon emissions and aiming to master an economical stage of sustainability. Some of these businesses have developed innovative and effective initiatives, whilst others are at the early stages and just beginning their sustainability journey.

We at WCA are now actively looking for success stories and inventive ideas from businesses across Wiltshire, who are willing to share, assist and inspire others on their journey. We plan to share these ‘business beacons’, promoted as a series on all WCA social media channels to spread the word. We are looking to host a series of workshops, dedicated to connecting like-minded businesses, to share their motivation, be inspired and learn from each other. WCA will showcase all of these ‘Use Cases’ on our platforms plus LinkedIn Business Network.

To kickstart this, we are calling for businesses that are successfully reducing carbon emissions, or are introducing procedures to limit their environmental impact, to make contact.

If you work within one of these organisations and feel proud of the journey you are currently on to becoming more sustainable, please tell us! We



would like to share your knowledge and experiences with others. This is not the time to be reluctant or modest, this is the time to tell the world what you are doing. No organisation can fight the climate crisis alone, we must foster a culture of collaboration and act collectively to drive change.

If you recognise yourself in this description or know someone who does, please contact Tess Gorman at the WCA on [tess@wiltshireclimatealliance.org.uk](mailto:tess@wiltshireclimatealliance.org.uk) so that we can share the good news. Please also join those already established on our LinkedIn Network <https://www.linkedin.com/groups/9045411> and share it with your Wiltshire Network.

For more information, please visit the Wiltshire Climate Alliance Website on <https://www.wiltshireclimatealliance.org.uk>

## Notes on Sustainable Living

It is no exaggeration to say that the single-use plastic consumption has gotten out of control; most UK households throw away at least 40kg of plastic each year. Enough to make 10 recycle bins. Being eco-friendly means living in a way that is not harmful to the environment. This way of life is becoming increasingly important, yet most people struggle to make a meaningful change because they simply don't know where to begin. Which is understandable!

Despite what advertising and media say, you don't have to empty your pockets to be a bit more eco. Most products, if bought in bulk, work out cheaper in the long run and will be a one-time purchase that could last for years and years.

Although small changes can seem pointless in the face of the millions of tonnes of plastic thrown away each year, this change must start on an individual level. These products could replace your throwaway items that would otherwise remain in landfills for hundreds of years! Read on to see how easy it can be to make some switches in your everyday living.

### **Solar Powerbank- £26.99**

These are fantastic for days out, if your battery runs out or you don't have plug or a cable with you! This model is the Powobest Solar power bank which I have used for over a year now. The best bit? You can charge it on the go even on cloudy days.

- Waterproof
- USB charging or wireless
- 3 foldable solar panels
- Flashlight
- Once fully charged it can hold 6 charges of an iPhone.
- Dual USB ports
- £26.99 (Amazon)



## Shampoo/ Conditioner Bars- £4+

The one featured is from Lush however a simple Google search of these bars will give you a wide range of prices and options. These are in our house as Lush products are 100% vegetarian, 85% vegan, against animal testing and completely handmade. Their 'Naked' range offer skincare, haircare, make up, shower gel, bubble bath and moisturisers all packaging free. Take a look at a bottle of shampoo or conditioner in your shower or on the shelves in stores and the first ingredient you will see is water. This explains why you typically need a healthy dollop of product to get the performance you want. Shampoo/ conditioner bars? As they are solid, they are guaranteed to last longer.

- Different options for types of hair
- Packaging free and metal storage tins available
- More concentrated so a little goes a LONG way
- Great for travel as size of a palm
- Minimalism at its finest
- Less water = more potent ingredients
- Lush offers 15 options- £8 and my current one has lasted me 4 months



## Toothpaste- £8.99

In general toothpaste tubes are not **recyclable**, although there have been breakthroughs including by Colgate and Terracycle who offer a **recycling** scheme for oral care products. They are difficult to recycle due to the combination of plastics they are made of. UK based Truthpaste offer natural toothpastes in glass jars with charcoal and kid's products too. Flavours include Peppermint & Wintergreen, Peppermint & Spearmint, Fennel, Sweet orange. You may gasp at the price BUT the average jar lasts customers 3 months, that means your oral care costs less than 70p a week.

- Natural ingredients (antibacterial and anti-inflammatory properties of botanical essential oils)
- 15ml tester metal pots available for £3.79
- Works for the whole mouth and not just teeth
- Vegan and cruelty free
- Lasts longer than a tube with zero waste.
- The jars make handy tealight holders when you finish!



### Deodorant- £12

We discovered this company after we were fed up of trying to separate our gel deodorants up (did you know they are mixed material items so can't be recycled in one piece?) Wild deodorant offers a subscription service of a deodorant case and refills delivered to you. There are 10 scents to choose from including options for sensitive skin. £12 for a case a 1 refill and after that you can be flexible with how many refills you want.

- Delivered straight to your door.
- Subscription or re fills available.
- Case is made from aluminium and recycled plastic.
- Deodorant refill is 100% compostable.
- Each percentage of a sale goes to reforestation projects.



### Toilet paper- from £24

We all know this is an essential in the household BUT did you know you can also reduce your waste and make your toilet paper look appealing too?!

Who Gives A Crap is a company with a really ethical foundation; after learning that 2 billion people don't have access to a toilet, the company made toilet paper with 50% of profits to help build toilets and improve sanitation in the developing world. So far that has been over £4.5 million. They also offer paper towels, tissue boxes, bamboo and 3 ply toilet paper.

- Free delivery on most orders
- Plastic free
- Patterned paper wrapping
- Bulk buy in 24 (£24) of 48 (£36) or save and subscribe
- 100% money back guarantee

There is a common benefit of all of these and most eco products- a little goes a LONG way. Because they contain more natural ingredients you don't need much to use them. These items have been the most cost effective for us and will be permanent swaps from now on. There are plenty more to share but for now only the smallest changes be made by many people.



## ***Nina MacInnes***

### **The next edition of inSPIRE**

We are planning to have the July / August (double month) edition also as a digital edition. Please let me have your contributions by 20<sup>th</sup> July.

***Ed*** [inspireeditor@outlook.com](mailto:inspireeditor@outlook.com)





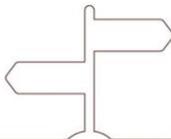
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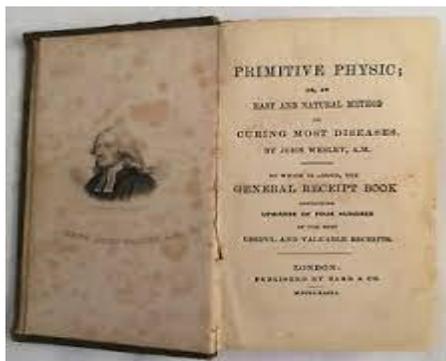
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Further extracts from John Wesley's book 'Primitive Physic' Original 1747. Again, from a re-print of 1845



This month's extracts are again, for medicinal items.

**Inflamed Eyes** – Leeches should be applied to the temples, and when the bleeding has ceased, a blister may be applied, and a little opening medicine taken. Shaking the head and bathing the feet in warm water will be found beneficial.

**To Kill Worms** – Take an ounce of tin, finely powdered and two drachms\* of Ethiops mineral\*\* mixed together. Divide it into six powders, and take one of them, in a little syrup: when they are used work them off with a little rhubarb.

**Freckles on the Face** – To disperse freckles take two ounces of lemon juice, half a drachm of powdered borax and one drachm of sugar, mix them together and let them stand a few days in a glass bottle till the liquor is fit for use then rub it on the hands and face occasionally.

**Remedy for the Lumbago** – Get some oil of cabbage, commonly called green oil, and rub it well in before the fire previously to going to bed, on the loins and back. After two or three applications this troublesome disorder is generally removed.

\* Drachm – old weight measure equal to one eighth of an ounce.

\*\* impure black mercuric sulfide prepared by rubbing together mercury and sulfur.

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**Friday 11.30 am–1.00 pm** Lansdowne Hall, Derry Hill

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tel: 07732 545715 [www.yogawithsuzanne.co.uk](http://www.yogawithsuzanne.co.uk)

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## Wellbeing notes

### Of oceans and sun glitter

Our county is such a special one of chalky downs, bluebell woods and stone circles... but one thing it entirely lacks is an ocean. There would have been one in previous eons, and we can still find the signs of it in the form of maritime fossils. To the northwest of our village, for example, there is the Star Well, situated on private land, where a person can run their fingers in the silt that emerges from an ancient spring and, if they are lucky, find tiny, star-shaped fossils in the palm of their hand.



There are countless rivulets throughout our neighbourhood that may offer up their ancient treasures. Recently, my daughter found a fossilised shell that nature had planted with a pretty garden of moss and wild garlic. Such discoveries are brilliant at reminding us of the vastness of time. They can put the challenges we face today into perspective, reminding us that 'this too shall pass'.

Another way to gain a healthy sense of perspective is to visit the present-day ocean or, at least, our nearest sea. The journey will take you, if you are lucky, to that place and that moment where you get to see the sun reflecting off the surface of the water in a sparkling avenue of light. There is something instantly calming about the sight. Every individual gleam is a reflection of the sun in miniature. Later, when we are home from the ocean, we can close our eyes, imagine it, and achieve the same wellness of mind.

*Suzanne Askham*



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# May Crossword



# Derry Tots!

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Join us at the Derry Tots babies and toddler (under fives) playgroup, located at the Lansdowne Hall in Derry Hill village halfway between Calne & Chippenham

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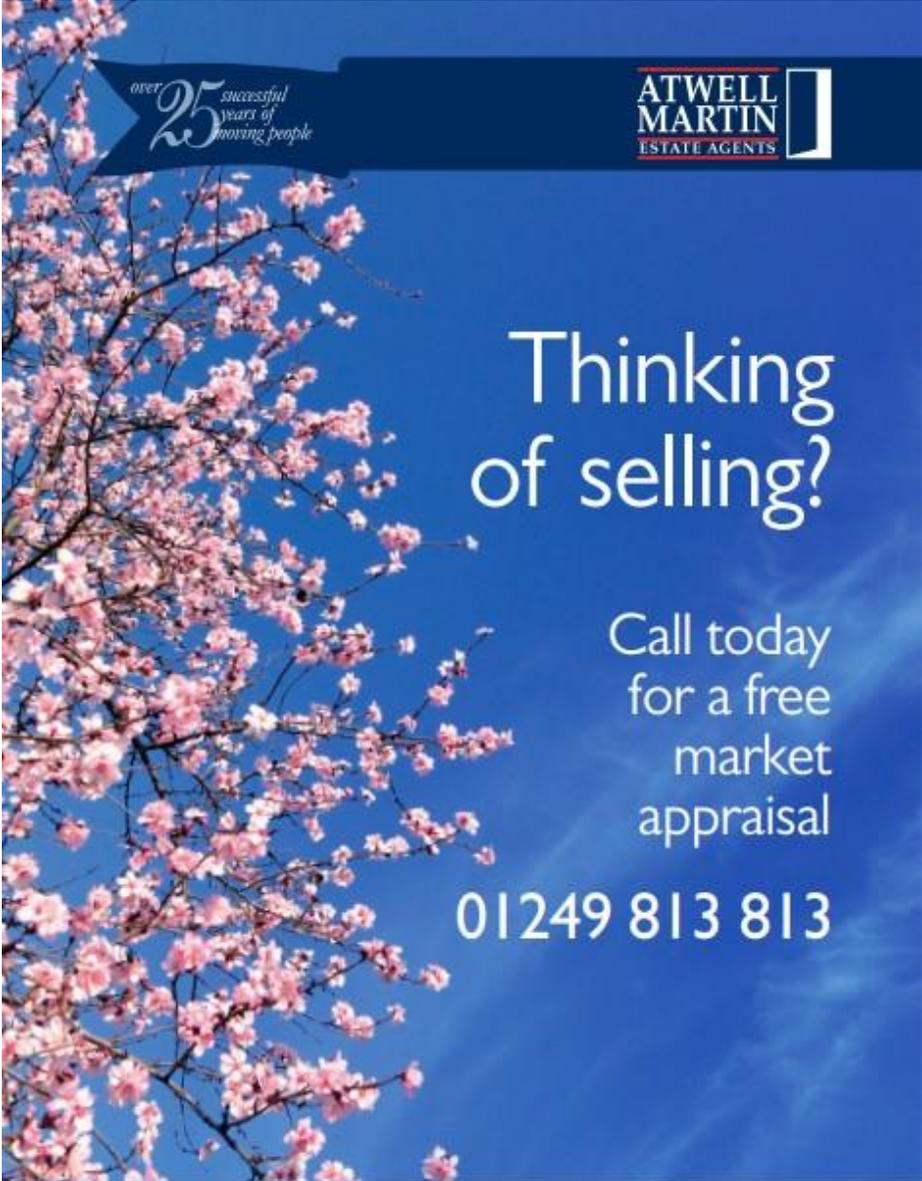
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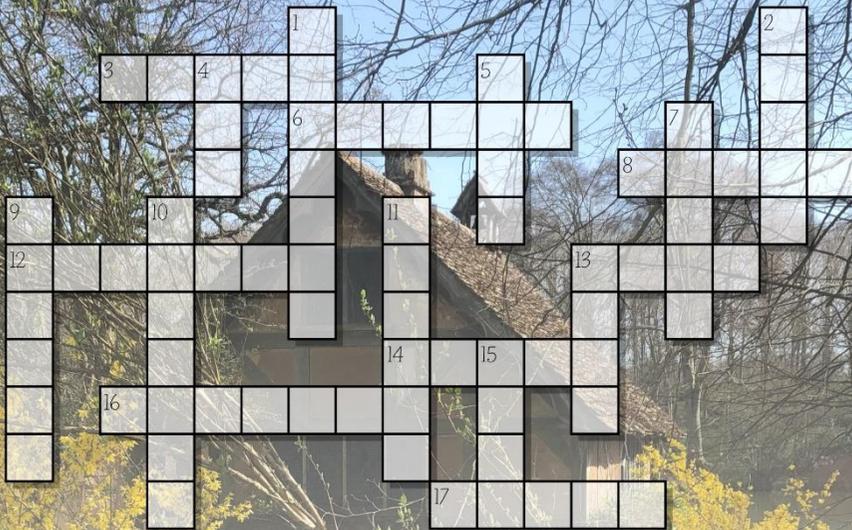


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# June 2021 Crossword



## ACROSS

- 3 Pour fat over (5)
- 6 Stringed instrument (6)
- 8 Lustre (5)
- 12 Ecstasy (7)
- 13 Bill (4)
- 14 Browned bread (5)

16 Finger joint (7)

17 Foe (5)

## DOWN

- 1 Town near Derry Hill (7)
- 2 Trunk (5)
- 4 Mineral spring (3)
- 5 Evil habit (4)

7 Communion table (5)

9 Underpants (6)

10 Breastbone (7)

11 Young cat (6)

13 City near Derry Hill (4)

15 English river (4)

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Please contact David Jarvis:

Tel: 01249 815755

Mob: 07503 188630

[david@derryhillgardenservices.co.uk](mailto:david@derryhillgardenservices.co.uk)

[www.derryhillgardenservices.co.uk](http://www.derryhillgardenservices.co.uk)

### FLOODLIGHTING THE SPIRE

This is a lovely thing to do to remember loved ones and to celebrate special anniversaries and birthdays. The Spire is currently lit between 7pm and midnight, though this varies with the time of year. Floodlighting the Spire can be arranged through **Reverend Linda Carter**, The Vicarage, Church Road, Derry Hill. Calne. SN11 9NN  
[lindac@mardenvale.org.uk](mailto:lindac@mardenvale.org.uk)

A donation to the church for the cost of the lighting is welcome.

### Bremhill Village Hall Home Produce and Garden Show

This is now to be held on **Saturday 11th September 2021**.

This is a change to the original date which has been advertised.

A local couple are going to get married on 4th September. As the village hall and the church are close together it has been decided to change the show date. Also, we do not know what COVID 19 restrictions may be in place.



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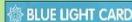
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